



# majerus & co. physical therapy

## INITIAL PATIENT HEALTH HISTORY

**Patient Name:** \_\_\_\_\_ Today's Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_

### **Primary concern:**

Accident  Injury  Chronic Condition  Surgery or Procedure  Recent Illness  Other \_\_\_\_\_

Primary area of chief concern: \_\_\_\_\_

Occupation: \_\_\_\_\_ Date of onset or injury: \_\_\_\_\_ Affected side: R / L / Both

Specific place injury occurred: \_\_\_\_\_

Hospitalization or Other treatment to date: \_\_\_\_\_

Activities that have been affected: \_\_\_\_\_

Pain rating \_\_\_\_\_ (0=no pain, 10=worst imaginable) Worsening factors: \_\_\_\_\_

\_\_\_\_\_ Alleviating factors: \_\_\_\_\_

### **Medical History:** Please check all that apply or add pertinent information not listed. **If N/A, check NONE**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Alzheimer's / Dementia              | <input type="checkbox"/> Headaches / TMJ                     | <input type="checkbox"/> Psychiatric condition     |
| <input type="checkbox"/> Autoimmune: Lupus/HIV/Other: _____  | <input type="checkbox"/> History of Cancer: _____            | <input type="checkbox"/> Pulmonary: Asthma / CHF   |
| <input type="checkbox"/> Blood Disorders                     | <input type="checkbox"/> Immunosuppression                   | <input type="checkbox"/> Skin Problem              |
| <input type="checkbox"/> Bowel/Bladder problem               | <input type="checkbox"/> Implanted devices: _____            | <input type="checkbox"/> Sleep condition           |
| <input type="checkbox"/> Cardiac: Heart Attack/Arrhythmia    | <input type="checkbox"/> Infectious disease: _____           | <input type="checkbox"/> Stomach problem           |
| <input type="checkbox"/> Cardiovascular: Hypertension/Stroke | <input type="checkbox"/> Learning/developmental disabilities | <input type="checkbox"/> Thyroid/Hormone condition |
| <input type="checkbox"/> Diabetes Type I / Type II           | <input type="checkbox"/> Muscular disorder: _____            | <input type="checkbox"/> Traumatic Brain Injury    |
| <input type="checkbox"/> Difficulty Walking / Falls          | <input type="checkbox"/> Neuro: Parkinson's /Seizures /Other | <input type="checkbox"/> Vein issues               |
| <input type="checkbox"/> Fracture/Sprain: _____              | <input type="checkbox"/> Osteoporosis                        | <input type="checkbox"/> Weight: Obesity/Anorexia  |
| <input type="checkbox"/> Gynecologic problem: _____          | <input type="checkbox"/> Osteoarthritis: Spine / joint       | <input type="checkbox"/> Wounds, current/previous  |

Other medical history not listed above: \_\_\_\_\_

**Height:** \_\_\_\_\_ **Weight:** \_\_\_\_\_ **If female,** are you or could you be pregnant?  Yes  No

**Please indicate frequency of use:** Tobacco \_\_\_\_\_ Alcohol \_\_\_\_\_ Other drugs \_\_\_\_\_

**Surgical History:**

If N/A, check  NONE

Please list all surgeries and/or procedures performed within the last 12 months, including **month and year**. Also include any from previous years that would relate to your visit here today.

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**Imaging History:**

If N/A, check  NONE

If you have had diagnostic imaging related to your present illness or injury, please list **type** of imaging (i.e. X-Ray, MRI, CT), **when** it was done (month/year), and **where** it was performed (place of service).

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**Known Allergies:**

If N/A, check  NONE

Please check if you (or a caregiver) are allergic to:  Latex  Adhesives

**COVID-19:**  Vaccinated  Unvaccinated  Prefer not to answer  Past COVID infection

**Have you had any of the following in the past year?**

If N/A, check  NONE

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Fever/Chills/Sweats | <input type="checkbox"/> Multiple Injuries  | <input type="checkbox"/> Shortness of Breath     |
| <input type="checkbox"/> Sensory Issues      | <input type="checkbox"/> Loss of Coordination or Strength                                 | <input type="checkbox"/> Unusual Nausea          |
| <input type="checkbox"/> Unusual Cough       | <input type="checkbox"/> Unusual Stress (Litigation/Life Events)                          | <input type="checkbox"/> Swallowing Difficulties |
| <input type="checkbox"/> Loss of Balance     | <input type="checkbox"/> Concerns about work/other activities worsening current condition |  |

**Current Medications:**

If N/A, check  NONE

Please list all medications including dosage (prescription, over the counter, herbals, supplements)

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**Goals for Treatment** Please describe how we might best address your health concerns:

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\*If you have questions about this form or have additional information you would like to share with your therapist, please bring it to their attention during your visit. Thank you!